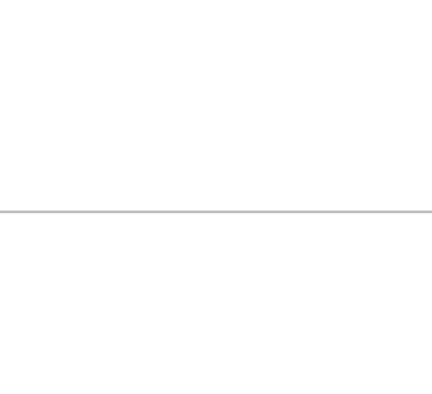


SMARTER HEALTHCARE STRATEGIES: CUTTING COSTS AND READMISSIONS

Reducing employee inpatient readmissions is a critical yet often overlooked strategy for lowering healthcare costs and improving workforce productivity. Effective care coordination, proactive health management, and data-driven decision-making can significantly enhance employee health outcomes while minimizing disruptions.

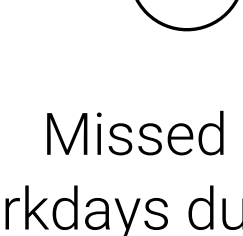
The Hidden Cost of Readmissions:



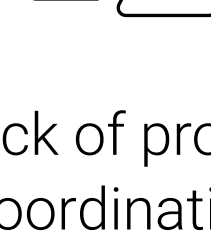
42% of HR leaders are unsure if their UM and CM vendors communicate effectively.



Employee inpatient readmissions drive up healthcare costs and impact productivity.



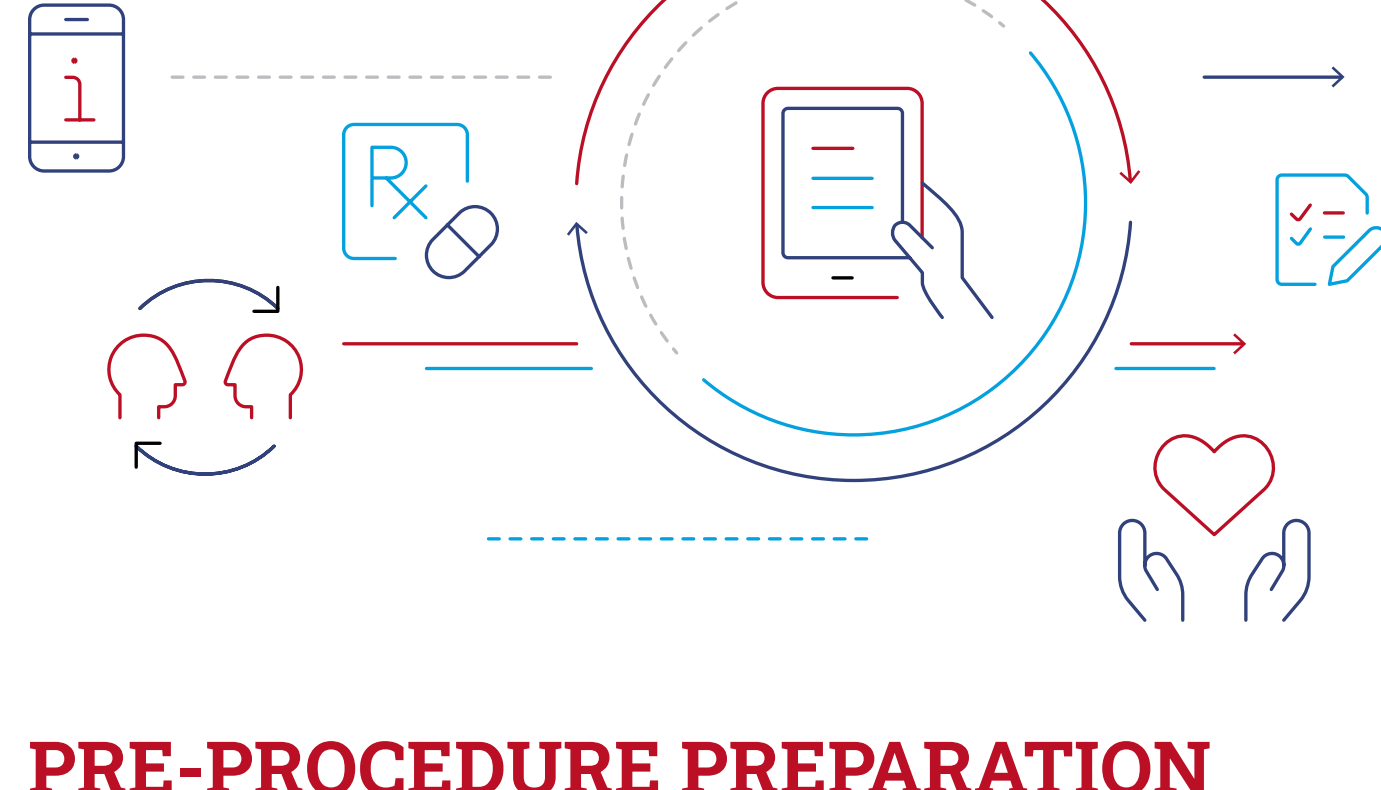
Missed workdays due to repeated hospital stays can disrupt operations.



Lack of proper coordination between care teams can result in gaps in patient recovery.

THREE CRITICAL STRATEGIES FOR REDUCING READMISSIONS

1



PRE-PROCEDURE PREPARATION

- ▶ Detailed health assessments to **identify risks early**.
- ▶ Patient education to **improve understanding of procedures** and recovery steps.
- ▶ Addressing **social determinants of health** (e.g., transportation, home support).
- ▶ Medication counseling to **avoid complications**.



34% OF HR LEADERS say reducing employee inpatient readmissions is a high priority

2



POST-DISCHARGE FOLLOW-UP & TRANSITIONS OF CARE

- ▶ **Ensuring timely follow-up** with primary care providers and specialists.
- ▶ **Medication support** and safety assessments.
- ▶ Coordinating with outpatient providers to ensure **smooth recovery**.
- ▶ **Referrals to necessary support services** (e.g., home health care, rehab services).
- ▶ Patient education on self-management to **prevent complications**.



STRUCTURED TRANSITIONS OF CARE SERVICES can significantly reduce readmissions.

3



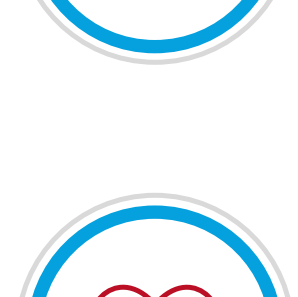
COORDINATION BETWEEN UTILIZATION MANAGEMENT (UM) & CARE MANAGEMENT (CM) TEAMS

- ▶ Improving communication between UM and CM teams for **seamless care transitions**.
- ▶ Early identification of high-risk patients to **prevent readmissions**.
- ▶ Data-driven decision-making to **optimize care and cost savings**.

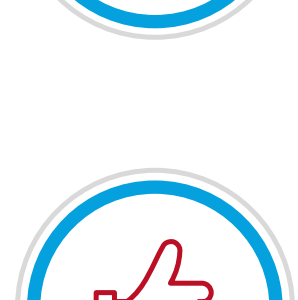


UNCOORDINATED CARE can lead to fragmented healthcare, increasing readmission risks.

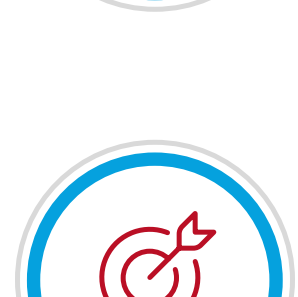
How Effective Care Management Benefits Your Organization



LOWER HEALTHCARE COSTS due to fewer readmissions.



A healthier, **MORE PRODUCTIVE WORKFORCE**.



IMPROVED EMPLOYEE SATISFACTION with their benefits.



GREATER ROI from targeted, data-driven care management strategies.



Reducing readmissions helps businesses **SAVE ON HEALTHCARE COSTS AND MINIMIZE PRODUCTIVITY LOSSES**.



A Trusted Partner

By partnering with Conifer Health, employers manage healthcare costs while empowering members to navigate their benefits more effectively. Through personalized education, customized health goals, tracking, and tailored support, members receive the right care at the right time in the right setting – leading to better health outcomes and cost savings.

CARE FOR POPULATIONS, ONE PERSON AT A TIME.

Learn more at [ConiferHealth.com](https://coniferhealth.com)